

*RITA J. MERCANTE, LMHC  
Psychotherapist  
141 East 55<sup>th</sup> Street  
Suite 9G  
New York, NY 10022  
516-507-9061*

June 24, 2018

**To Whom This May Concern:**

I have been working with Tara Walsh beginning in June 2016 when she was referred to me through one of her friends that was in treatment with me. At that time, Tara reported suffering from panic attacks, middle insomnia as well as depression. Importantly, due to her childhood history, Tara experiences abandonment anxiety that is triggered when she perceives abandonment. Despite these symptoms, Tara continued to work diligently at her consulting business, Vital Branding. She attributed the recent exacerbation of these symptoms to the tumultuous relationship she had with Steve Russell